



Agrimony

Agrimonia Eupatoria

A quiet little plant that covers the ground in rosettes and then sends a stunningly tall bright yellow flower spike up in the middle of summer. This plant has the cunning to make sure it survives. Its seeds are well spread, with sticky little burrs that hook onto your clothing and the fur of animals, so they are spread far and wide. Although in my experience they are not invasive in their re-seeding.

Agrimony can be grown by seeds and can be divided in autumn and spring

Pour boiling water over at least 4 medium sized leaves of the herb and steep for a minimum of 10 minutes.

This herb is astringent and contains tannin. Thus it has been used for staunching the flow of blood and recovery from diarrhea.

It has also been used to ease a sore throat and as a tonic for the throat for singers and public speakers.

A cream made with the herb is useful for skin conditions. Making an ointment requires finely chopped or blended leaves added to a carrier ointment or blended with bees wax and a little castor oil.

If in doubt, see your local herbalist and discuss the uses of Agrimony.



Caution: Do not use if there is a pre-existing condition of the kidneys or liver. The high tannin concentration can be detrimental and cause further damage to these organs. Agrimony is related to Roses, thus if you have an allergy to roses, you will most likely display the same symptoms with Agrimony